

| fact sheet |

SKIN TIGHTENING LASER TREATMENT



How do laser skin tightening treatments work to tighten skin?

To understand how laser skin treatments work, it helps to first review how your skin works.

The facial skin is made up of three distinct layers: a visible outer layer on the surface is called the epidermis; the collagen-rich underlayer beneath is called the dermis; and the inner layer beneath the dermis is called the subcutaneous layer (a fat layer with a web of collagen fibers running through it).

When the collagen in these three layers breaks down (usually from sun exposure, family heredity, or the normal aging process), your face begins to sag. Treatments that work on just the skin's surface (creams and lotions), do not do anything to restore the collagen in the layers beneath. As such, more aggressive treatments are required to tighten the skin. With laser treatments, the skin tightens when collagen beneath the surface is treated.

If the collagen in the skin is heated to a temperature above 60 degrees centigrade, it will contract and tighten. Treatments not only cause an immediate tightening, but also improved tone and texture. The heating of the skin encourages new collagen growth that will continue for four to six months following treatment.

Are laser skin treatments safe?

Laser treatments are considered safe with minimal, if any, downtime. They are considered much safer than invasive cosmetic procedures like plastic surgery often used to tighten skin.

Who is the best candidate for laser skin tightening treatments?

If your neck, cheeks, eyelids or forehead are showing unwanted wrinkles or are starting to droop but you are not yet ready for surgery, laser skin tightening treatments can help tighten and elevate your skin.

The procedures may even be used to tighten loose skin on other parts of your body as well, all with little risk and minimal recovery time.

How many treatments are necessary?

It often depends on the type of laser being used. Often, to achieve optimal results, more than one treatment may be recommended.

How do I know what treatment is best for me?

Call Gateway Aesthetic Institute & Laser Center at (801) 595-1600 to schedule a free consultation with one of our skilled providers. We will help determine which skin tightening treatment is best suited for your particular needs.

We are located at the south end of the Gateway Mall in Salt Lake City at 440 West 200 South, Suite 250, Salt Lake City, Utah 84101.