

| fact sheet |

MIRADRY, TREATMENT FOR EXCESS SWEATING

What is the miraDry procedure?

The miraDry procedure is safe and clinically proven to provide a significant reduction of underarm sweat. The procedure is quick, non-invasive and performed in your dermatologist's office. The miraDry System delivers precisely controlled energy to the region where the underarm sweat glands reside and eliminates sweat glands non-invasively. The sweat glands don't grow back once eliminated, resulting in a dramatic and lasting reduction of underarm sweat.

What happens during the miraDry procedure?

The clinician customizes treatment for each underarm with multiple placements of the miraDry System. The underarms are numbed prior to the procedure for your comfort. The procedure typically takes an hour.

What happens after the procedure?

You can expect minimal to no downtime following the procedure. Your dermatologist will likely recommend a mild over-the-counter pain medication and use of ice packs for a few days. You should be able to return to normal activities or work right after the procedure, and you can typically resume exercise within several days. Some localized soreness or swelling is normal, and typically clears within a few weeks. Some patients have temporary, short-term altered sensation in the skin of their underarms or upper arms, which gradually disappears.



What results can I expect?

Most patients report a dramatic reduction of their underarm sweat – in a recent clinical study, the average underarm sweat reduction was 86%. You should see a reduction in sweat immediately after treatment. Two procedures spaced three months apart are required to maximize the results and duration. As with any medical procedure, results will vary by person.

How long will the results last?

The results are lasting because the sweat glands do not come back or regenerate after they have been eliminated. The miraDry procedure uses a safe, non-invasive technology that is FDA cleared to eliminate sweat glands in the underarm.

Don't I need my underarm sweat glands?

Your body contains over 4 million sweat glands, with only about 2% located in the underarms. Eliminating this 2% will not affect the body's ability to cool itself.

What parts of my body can the miraDry System treat?

The miraDry System is indicated for use of treatment of excessive underarm sweat (primary axillary hyperhidrosis) in adults 18 and over. It cannot be used to treat excessive sweating elsewhere on the body, including the hands and feet.

How is the miraDry procedure different from other treatment options?

Other treatment options are designed to temporarily disable the sweat glands, or involve surgery which contains inherent risks. Only the miraDry procedure provides a lasting solution with a non-invasive procedure.

Is the miraDry procedure right for me?

If embarrassing underarm sweat outbreaks, stained clothing or frequent antiperspirant application interfere with your daily life, then you may be a good candidate for the miraDry procedure.

Call Gateway Aesthetic Institute & Laser Center at (801) 595-1600 to schedule a consultation.

We are located at the south end of the Gateway Mall in Salt Lake City at 440 West 200 South, Suite 250, Salt Lake City, Utah 84101.

