

Get a lift with volumizing

BY ELISA WILCOX, PA-C



For many patients, the liquid face lift, also referred to as volumizing, is a welcome alternative to surgical methods due to its safety profile, affordability, and immediate gratification. Using a combination of dermal fillers and Botox, liquid face lift products and techniques can be used to restore and refine youthful facial contours for a healthier, younger-looking face. The eyes can be opened and the eyebrows lifted, natural shape can be restored to the flattened cheek area and temples, hollow cheeks can be augmented, the corners of the mouth can be lifted, and the appearance of jowls can be diminished.

Some of the common dermal fillers used to create the lift are Restylane, Perlane, Juvederm, Radiesse, and Sculptra. Each of these dermal fillers has a unique characteristic that makes it appropriate for certain parts of the face.

Restylane, Perlane, and Juvederm are made of hyaluronic acid. This is a natural substance that already exists in the human body. It hydrates the skin and adds volume to the skin to smooth out the wrinkles and folds. Perlane is thicker and has a larger particle size, allowing it to correct deeper wrinkles and folds. Radiesse is a different kind of dermal filler, made of calcium hydroxylapatite.

This cosmetic filler, which contains small microspheres (particles) suspended in a gel-like solution, is commonly used to correct deep laugh lines and marionette lines.

The effects of these fillers are immediate and you don't have to wait through a long healing process. Treatment with Sculptra to restore facial volume, however, is more gradual. Two or three treatments are usually required, and the benefits become noticeable after about six weeks.

All of these fillers work by stimulating the build-up of the body's natural collagen to smooth out lines and wrinkles. They also help to restore lost facial volume to give you a fuller, younger-looking face. Volumizing with dermal fillers is long lasting and looks very natural.

Most liquid face lifts also incorporate Botox, which is a purified protein that provides temporary improvement of the creases in the glabella (between the eyebrows). Botox and fillers are frequently used together for an enhanced and longer lasting effect. A typical liquid face lift may involve 50 to 100 units of Botox and six to twelve tubes of dermal filler. These dermal fillers will last at least one to two years or longer, while



Elisa Wilcox, PA-C, specializes in many cosmetic dermatology treatments, including light facials, dermal fillers, laser tattoo removal, and Restylane and Perlane treatments. Before coming to Gateway Aesthetic in 2003, Elisa worked for ten years at the Primary Children's Medical Center as a medical technologist. Elisa enjoys running and spending time with her family.

Botox will need to be repeated once every three to four months for optimum results.

The liquid face lift treatment session is usually completed in one to two hours. After your treatment you might have some redness, bruising, or swelling that will usually last for less than a week. We have products and recommendations to help minimize these potential side effects.

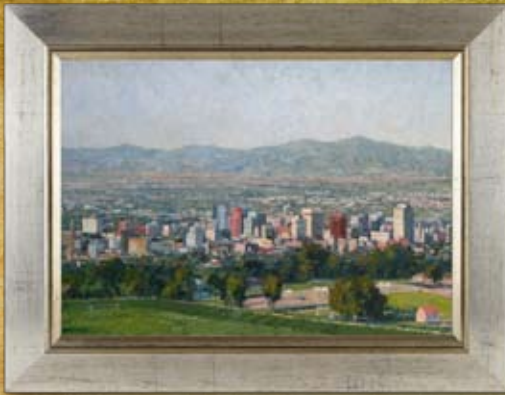
With a liquid face lift from Gateway Aesthetic, it's easy to take 5 to 10 years off your appearance by restoring youthful volume and erasing deep lines and folds that age the face.

Call us at 801-595-1600 for more information on this revolutionary treatment option. We'll help you reveal the most beautiful you, at every age! 🐾



At right: This patient was treated with injections of filler, with impressive results.

THE GATEWAY GALLERY OF FINE ART



Bryan Mark Taylor
"Salt Lake City Overlook"
Size: 30" x 40"
Medium: Oil on Canvas



Bryan Mark Taylor
North on State
Size: 24" x 36"
Medium: Oil on Canvas

The Gateway Aesthetic Institute features an extensive collection of original art available for sale. While many of the pieces hang in public view in our waiting rooms, an appointment is necessary to view additional art displayed in our private clinical rooms. To schedule an appointment, please call (801) 595-1600.

Bryan Mark Taylor, our featured artist, has received numerous awards including *Best of Show* at the Laguna Plein Air Art Festival in October 2009.